

Advanced

Candy Cane Quilt

By Wendi Owens, Event Specialist



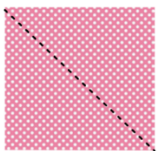
- Finished quilt size 66" x 66"
- All seams are 1/4" unless stated
- WOF= Width of Fabric (bases on 44" wide fabric)

Please read ALL instructions before beginning

Supplies:

White on White fabric – 1/2 yard (embroidery background fabric)

- Cut 2 strips 8" x WOF
- Sub cut (12) 8" squares



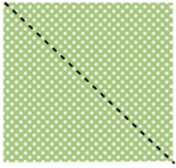
Pink Dot – 1 1/2 yards

- Cut (2) - 6" strips x WOF

Sub cut for (12) 6" squares and cut in half on the diagonal

- Cut (4)-11" x WOF
- Sub cut for (12) 11" squares and cut in half on the diagonal

The remaining fabric will be used for the Candy Cane applique

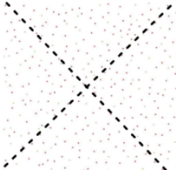


Green Dot – 1 ½ yards

Cut (2) - 6”strips x WOF

- Sub cut for (12) 6” squares and cut in half on the diagonal
- Cut (4)-11” x WOF
- Sub cut for (12) 11” squares and cut in half on the diagonal

The remaining fabric will be used for the Holly Leaf applique



Multi-Color Dot – 1 1/3 yards

- Cut (4) 11 1/2” strips x WOF
- Sub cut for (12) 11 ½” squares and cut in half on both diagonals

Woven Fusible Interfacing -1 yard

- Cut (12) 8” squares
- Backing Fabric -2 yards 90” wide
- Binding fabric -1/2 yard
- White embroidery thread
- Raspberry embroidery thread (or color to match your fabric for the candy cane)
- White embroidery bobbin thread
- Neutral sewing thread for block construction
- Tear Away stabilizer
- Wash Away stabilizer (fibrous NOT a solvy)
- Fusible Web
- Water soluble fabric marker (NOT a FriXion® pen)
- Embroidery or painter’s tape
- Spray Starch

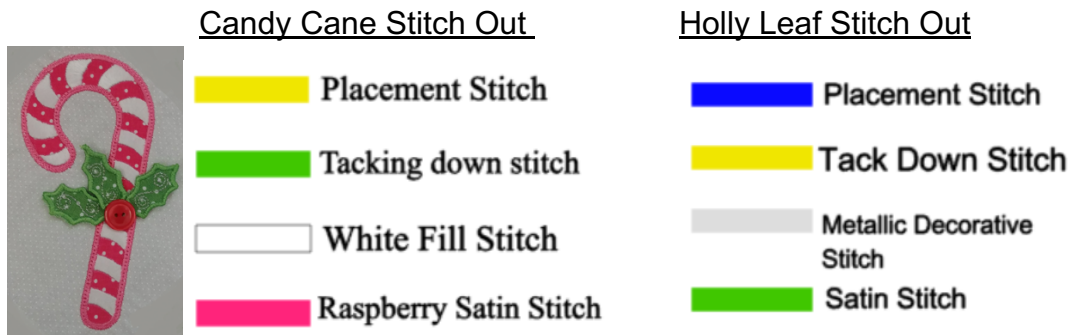
(12) ¾” - 5/8” red buttons

Machine Embroidery – Make 12 Applique Blocks

Tip: Spray all of the fabric squares, excluding the embroidery background squares, with spray starch before cutting into triangles. This will help contain the stretch of the bias during construction.

Design option: A fabric Yo-Yo could be used in place of the button, or both can be used by layering them.

Embroidery Instructions:



Tip: The candy cane and freestanding leaves were pre-cut with the Singer® MOMENTO™ 24" Crafting Cutting Machin backed with fusible web for easy placement making it ideal for in the hoop applique. No need to remove the hoop to iron in place. Pre-cut applique pieces work better so you know you will not trim too close to the stitching line or not close enough. If you do not have an eclectic cutting machine, you can trace and cut the applique fabrics by hand. Printer versions for the applique has been included as well. There are a few fusible web products that can be used with printers to eliminate the tracing process.

Fuse the 8" square fusible interfacing to the wrong side of the white on white 8" squares of fabric. (This will help with stabilizing the fabric during embroidery, reduce puckers and make it easier to square up).

Candy Cane

Make 12 (you can also reverse the embroidery if you like)

1. Pre-cut 12 candy cane appliques.
2. Mark the white on white 8" fabric square on both diagonals creating a "X" on the fabric block with a wash away fabric marker.



3. Hoop the fabric On- Point and stabilizer together (it is best that you do NOT "float" the fabric on the stabilizer for this embroidery). Tape down the raw edged with tape. (Tip: Use the Grid Template that comes with your embroidery hoop for assistance with placement)



4. Load the Candy Cane embroidery design on to your machine.



Center the embroidery with the center markings on fabric.

5. Stitch the place stitch, remove hoop from machine and place a pre-cut candy cane withing the placement stitching.



6. Replace the hoop to the machine stitch the tack down stitch.

7. Continue stitching the remainder of the design.

8. Once embroidery is complete, remove from hoop and remove tear away stabilizer. Press face down. (*Tip: A wool pressing mat will help with removing any puckering around the finished embroidery design*)

9. Square and trim to 7 ½" Square.

10. Arrange and attach three leaves to candy cane by hand or machine. Center and sew a button over the three leaves.

Holly Leaf Embroidery

Make 36 leaves

1. Pre-Cut 72 leaves (you will need 36 for the front and 36 for the back of the leaves)

2. Load the Holly Leaf embroidery file into your machine. Fill your largest hoop up, in your machine or in software, with as many leaves as you can, leaving enough space between. Select Color sort (if you have that option on your machine)
3. Hoop Only Wash Away stabilizer.
4. Stitch the place stitch, remove hoop from machine and place a holly leaf on the front AND back of the hoop.



5. Replace the hoop to the machine stitch the tack down stitch.
6. Stitch the decorative stitch in the center of the leaves.
7. Replace the bobbin with a bobbin with matching green thread and stitch the final satin stitch.
8. When embroidery is complete, remove the hoop from the machine and stabilizer from the hoop.
9. Cut close to the leaf edges, not clipping into the satin stitches.
10. Remove excess stabilizer and trim any threads.



Tip: Rather than soaking the leaves in water, simply lay the leaves on a paper towel and spray well with water, lay another paper towel on top of the leaves and press with an iron. This will remove the excess stabilizer and flatten them at the same time.

Assembling the Square in Square x4 Block

This quilt block consists of four squares set inside each other on point. It is not difficult to make, however, accuracy is key.

Make 12 square alternating between green and raspberry

12. Find and mark with a pin, the center of the embroidered square and do the same for the triangle.



13. Line up the embroidered square and the Raspberry (Green) triangle centers and pin in place. (I highly suggest using pins when piecing this quilt block to ensure proper alignment). Stitch them together. Do the same for the opposite side.



14. Press out the two sides you have just sewn and attach the other two triangle, press out and trim.



15. Repeat steps 1-3 with the white multi-color dot fabric.



Repeat steps 1-3 with the Green (Raspberry) Fabric

16. Trim all completed blocks to 22 ½.”

17. Stitch three rows of three blocks together alternating between Raspberry and Green blocks.

18. Stitch the three rows together (see finished quilt picture for layout)

19. Trim if needed along all four sides.

20. Make a quilt sandwich, quilt